



**HAMPDEN PARK TENNIS CLUB
MARCH 2022**

DIRECTOR OF TENNIS Francesca Scollo

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Meet the team: [Club Coaching team](#)

JUNIOR NEWSLETTER

MEMBERSHIP Renewal

Please renew your membership online by
1st April through our website:
<https://hampdenparktennis.co.uk/>

[Juniors Join here for 22/22](#)

Please renew your membership, collect your new racket dampener as proof of membership & sign up for the appropriate coaching sessions & tournaments etc. as soon as possible!

It would be very much appreciated if you could go online to the club website click on the link [Junior Membership](#) to renew your details & arrange a bank transfer to our

Club account Sort code 30 98 90 Account No. 15344868

If possible please pay by BACS, fill out the details on the sign-in page, then select the **Other** payment option.

JUNIOR MEMBERSHIP

If you're not already a member come and join our thriving junior section of the popular Hampden Park Tennis club. For only £45 you can play all year long and will receive a free new racket dampener. To receive coaching on the club courts you need to be a member. Play whenever the courts are free, as often as you like and your parent/s can play with you too (see below). The only times you will not be able to play are during adult club sessions if all the courts are required and if the courts are being used for matches or tournaments (some of which are for juniors).

Register your Hampden Park membership with the LTA to receive your British Tennis Membership as well and receive all sorts of fantastic benefits and special offers. More information below.

You will also be able to purchase Branded Club clothing which you can personalise and there are opportunities to try and buy new rackets at reduced prices.

Easter tennis camp

April 11th-13th from 10-1pm. Price will be £21 per day or £55 for all 3 days. The camp will involve technical teaching, fun and games!

All ages, all standards welcome.

Format depending on entries and numbers.

Book **ASAP** before the day with Francesca

TEL: 07850327695

Email: fstennis@hotmail.co.uk



JUNIOR GROUP COACHING

Starts again from MONDAY 18th April 2022

Group coaching is paid for separately

To gain your place you will need to reserve a space in the groups on the days of your choice. Booking is required in advance for a twelve week block of lessons.

If you are currently in a group your space will be reserved but please confirm you still want it when renewing.

If you miss any lessons through illness or holiday etc. and they have already been paid for, you can do a double session to make up for it, as long as you let Francesca know beforehand.

During school holidays tennis courses will be run midweek during the day.

JUNIOR GROUP COACHING SESSIONS

SATURDAYS	9-10am	Young Beginners	Red
	10-11am	Beginners/Int	
		Orange/Green	
	11-12pm	Intermediate	Yellow Ball
	12-1pm	Advanced	Yellow Ball
MONDAYS	5.30-6.30pm	Advanced	
	6.30-7.30pm	Cardio Tennis	
TUESDAYS	4.30-5.30pm	Beginners/Int	Red/Orange
	5.30-6.30pm	Intermediate	
		Yellow Ball	
THURSDAYS	7:15-8:15PM	<u>ADULT COACHING.</u>	

All of the coaching squads are subject to demand.
Floodlights will be used if necessary.

CARDIO TENNIS

MONDAYS 6.30 – 7.30pm – check website and
Facebook page for dates

COST: £6 Members £7 Non members

Cardio Tennis is a series of tennis based activities played to up tempo music on the court! It does not require great tennis skills but is all about keeping your heart rate up, burning calories & having fun. Whether the ball goes in or out is irrelevant as the main purpose is to get fit. However do not be surprised if some of your tennis skills improve too and who doesn't love trying to hit cones!



INDIVIDUAL TENNIS LESSONS WITH RICHARD

COST: £35.00 per hour or £18 per half hour

INDIVIDUAL TENNIS LESSONS WITH Francesca

COST: £38.00 per hour or £20 per half hour

TOURNAMENT DATES TO REMEMBER THROUGHOUT THE YEAR!

FREE Annual Parent & Child Tournament is on
Saturday 16th July 4-6pm

Every school holiday we hold Fun Tournaments each lasting 2 hours for **£5** only, sometimes team or individual events with a mixture of doubles & singles!

Our **FREE** popular Len Travis Adult & Junior Tournament is on
Sunday 22nd May 2022, 2-5pm

The always well attended **FREE** Kelvin Inman Adult Junior Tournament is on Sunday 2nd October 2022, 2-5pm

The thriving Junior Club Championships run from May-September with Finals Day on 4th September 2022

FREE PARENT MEMBERSHIPS

Your parent/s or guardian/s can come & play or practice only with you for no charge when the courts are free, that is, club sessions, matches & tournaments have priority. Full members always have priority so if your parent/s or guardian/s would like to join there are some great offers on for adults too! (Normal adult membership is £192 per year)

Parents must always wear sportswear & tennis shoes. Get them ready for the Annual Summer Parent & Child Tournament and put them through their paces.



SUNDAY JUNIOR ACES CLUB

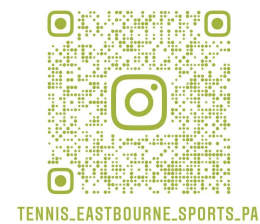
5.00 – 7.00pm

This junior club night including ladder competitions for all ages is continuing to run every **Sunday 5.00-7.00pm** all through the year. You can come along & play supervised matches against other juniors for just **£5.00**, no need to book just turn up and enjoy!!



CLUB WEBSITE & FACEBOOK AND OTHER SOCIAL MEDIA

Lots of information can be found on the club website
<http://hampdenparktennis.co.uk>



Follow tennis Eastbourne on Facebook and Instagram for more updates.

All coaching & tournament dates will be there in case you forget if it's on!

If you have any ideas to add to the website please speak to [Grant Tarrant-Fisher](#) or email him on grant@hampdenparktennis.co.uk

We can post all your news, wins, results and events on Social Media and/or send details to the local press too. No news item is too small!!

Click and like our posts on Facebook, Instagram at hampdenparktennisclub and Twitter @ClubHampden.

Also upload all your Tennis news on these pages to spread the word.

BRITISH TENNIS MEMBERSHIP

ALL JUNIORS playing in teams, tournaments etc. MUST be LTA rated & have a British Tennis Membership Number. Wimbledon tickets can only be obtained through the LTA Wimbledon Ballot.

Log on to www.lta.org.uk & register for FREE British Tennis Membership ASAP or do it when you renew online as it is now included on the renewal membership form !



CLUB KNOCKOUT TOURNAMENTS

Junior & Adult

Hopefully, we will be running **junior singles & doubles tournaments** throughout the season to find the best junior at all the different age groups. The finals will be staged on the same day as the adult finals, that is, **Sunday 4th September, 2022, 10am** onwards. Any junior who is eligible to play in the adult club sessions can also play in the **adult club tournament**, ask Richard or Francesca for an entry form at the start of the season.

DATES FOR YOUR 2022 DIARY

Saturday 21st May Club open day, Juniors am, adults pm

Sunday 22nd May Len Travis Adult & Junior Tournament
2-5pm

Sunday 4th Sept Club Championship Finals Day 10am
onwards

Sunday 2nd Oct Kelvin Inman Adult & Junior
Tournament 2-5pm



CHILDREN'S TENNIS BIRTHDAY PARTIES

Have you ever thought of treating your child to a tennis birthday party at the tennis club? Everything would be provided except the party food!

Great fun activities with Richard, the coach, on hand to help all standards, even if they have never picked up a racket before!

Prices, numbers & times etc. would be discussed on an individual basis depending on how long, how many children & how many courts required etc. Non-members would be welcome to come along as well !

WIMBLEDON TICKETS

Can now only be purchased by entering the LTA Wimbledon Ballot

CLUB JUNIOR REP

Billy Moon is your new Junior rep



Hampden Park TC is an LTA registered venue & as such is committed to equality & diversity within tennis. We are also committed to ensuring that everyone playing at Hampden Park enjoys a positive, enjoyable & safe experience.

Our Equality & Diversity policy, Safeguarding policy & reporting procedure can be found both on the notice board in the clubhouse & on our website.

As part of our safeguarding policy, we ask that all juniors under the age of 13 should be escorted to & from the club for their tennis activities & not left to walk home alone.