

HAMPDEN PARK TENNIS CLUB MARCH 2020

CLUB COACH JENNY HUGHES - Email: hughes_j32@sky.com

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JUNIOR NEWSLETTER

1ST APRIL ONLINE MEMBERSHIP RENEWAL

Please renew your membership, collect your new racket dampener as proof of membership & sign up for the appropriate coaching sessions & tournaments etc. as soon as possible!

It would be very much appreciated if you could go online to the club website, www.hampdenparktennisclub.co.uk , to renew your details & arrange a bank transfer to our

Club account Sort code 30 98 90 Account No. 15344868

EASTER HOLIDAY 3 DAY COACHING COURSE

WEDNESDAY 15th APRIL - FRIDAY 17th APRIL

10.00 – 12.00 noon each day

COST: Members £30 Non-members £36



EASTER HOLIDAY FUN TOURNAMENTS

Wednesday 15th April 12.30 – 2.30pm

Thursday 16th April 12.30 - 2.30pm

All ages, all standards welcome. Format depending on entries and numbers
Cost **£5** each

Book **ASAP** before the day with **Jenny Hughes** 01323 655567 / 07831097864



Easter fun tournaments are inclusive, enjoyable and improve your game!!

JUNIOR MEMBERSHIP

If you're not already a member come and join our thriving junior section of the popular Hampden Park Tennis club. For only £40 you can play all year long and will receive a free new racket dampener. Play whenever the courts are free, as often as you like and your parent/s can play with you too (see below). The only times you will not be able to play are during adult club sessions if all the courts are required and if the courts are being used for matches or tournaments (some of which are for Juniors).



Register your Hampden Park membership with the LTA to receive your British Tennis Membership as well and receive all sorts of fantastic benefits and special offers. More information further on in the newsletter.

You will also be able to purchase club clothing which you can personalise and there are opportunities to try and buy new rackets at reduced prices.

FREE PARENT MEMBERSHIP!

If your parent/s would like to come and **only** play or practice with you they can do so for no charge when the courts are free, that is, club sessions, matches & tournaments etc. have priority. Full members always have priority too! More information on page 5.

JUNIOR GROUP COACHING SESSIONS



SATURDAYS from 18th April	9-10am	Young beginners	Mini Tennis Red ball
	10-11am	Beginners/Intermediate	Mini Tennis Orange/Green ball
	11-12pm	Intermediate	Yellow Ball
	12-1pm	Advanced	Yellow Ball
MONDAYS from 20 th April	5.45-6.45pm	Advanced	Yellow Ball
	6.45-7.45pm	Cardio Tennis	
TUESDAYS From 21 st April	4.30-5.30pm	Beginners/Intermediate	Mini Tennis Red/Orange ball
	5.30-6.30pm	Intermediate/Advanced	Yellow Ball
WEDNESDAYS from 22 nd April	4.45-5.45pm	Mini Tennis	Red/Orange ball

All of the coaching squads are subject to demand. Floodlights will be used if necessary.

SUMMER TERM JUNIOR GROUP COACHING

- starts on SATURDAY 18th APRIL

Group coaching is paid for separately at a cost of only **£5** per hour which you attend. There will be a maximum of 12 juniors in a group so coaching will be individualised.

To gain your place you will need to reserve a space in the groups on the days of your choice. Payment is required in advance for a half term block of lessons.

If you are currently in a group your space will be reserved but please confirm you still want it when renewing.

If you miss any lessons through illness or holiday etc. and they have already been paid for, you can do a double session to make up for it, as long as you let Jenny know beforehand.

During school holidays tennis courses & tournaments will be run midweek during the day.

CARDIO TENNIS

MONDAYS 6.45 – 7.45pm – check website and Facebook page for dates

COST: £5 Members £6 Non members

Juniors & parents welcome!

Cardio Tennis is a series of tennis based activities played to up tempo music on the court! It does not require great tennis skills but is all about keeping your heart rate up, burning calories & having fun. Whether the ball goes in or out is irrelevant as the main purpose is to get fit!!!! However do not be surprised if some of your tennis skills improve too and who doesn't love trying to hit cones!



INDIVIDUAL TENNIS LESSONS with Jenny Hughes – 07831 097 864



COST: still only **£25.00** per hour or **£12.50** per half hour

- Our very own club coach Jenny won the Tennis Sussex Adult Outstanding Achievement Award this year!

FREE PARENT MEMBERSHIPS

Your parent/s or guardian/s can come & play or practice only with you for no charge when the courts are free, that is, club sessions, matches & tournaments have priority. Full members always have priority so if your parent/s or guardian/s would like to join there are some great offers on for adults too! (Normal adult membership is £192 per year)

Parents must always wear sportswear & tennis shoes. Get them ready for the Annual Summer Parent & Child Tournament and put them through their paces.



TOURNAMENT DATES TO REMEMBER THROUGHOUT THIS YEAR!

Our **FREE** popular **Len Travis Adult & Junior Doubles Tournament** is on **Saturday 23rd May, 3-6pm**

We all love the **FREE Annual Parent & Child Doubles Tournament** it is on **Saturday 20th June, 4-6pm**

Every school holiday we hold **Fun Tournaments** each lasting 2 hours for **£5** only, sometimes team or individual events with a mixture of doubles & singles!

The thriving **Junior Club Championships** run from May-September with **Finals Day** on **6th September**

The always well attended **FREE Kelvin Inman Adult Junior Doubles Tournament** is on **Sunday 4th October, 2-5pm**



SUNDAY JUNIOR ACES CLUB 5.00 – 7.00pm

This junior club night including ladder competitions for all ages is continuing to run every **Sunday 5.00-7.00pm** all through the year. You can come along & play supervised matches against other juniors for just **£5**, no need to book just turn up and enjoy!!

2019 Aces Ladder Winner Dale Upton Runner Up Caitlin Neilan Third Billy Moon

2019 Aces Points Winner Caitlin Neilan Runner Up Izzy Widdows Third Lisa Tyrrell



CLUB WEBSITE & FACEBOOK AND OTHER SOCIAL MEDIA

Lots of information can be found on the club website: <http://hampdenparktennis.co.uk>

All coaching & tournament dates will be there in case you forget if it's on!

If you have any ideas to add to the website please speak to **Grant Tarrant-Fisher** or **Amanda Bailey-Woollett** or email him on grant@hampdenparktennis.co.uk or Amanda as below:

PRESS OFFICER **Amanda Bailey-Woollett** at milliemanda@gmail.com can post all your news, wins, results and events on Social Media and/or send details to the local press too. No news item is too small!!

Click and like our posts on Facebook, Instagram at hampden_park2018 and Twitter @ClubHampden.

Also upload all your Tennis news on these pages to spread the word.

BALL MACHINE

Juniors can use the ball machine if an adult member is present at all times. There will be a charge of just **£5** for a whole hour & it must be booked in advance with Jenny Hughes. It should not be used if the courts or balls are wet! Every care must be taken when putting it away to ensure that the flexes are neat & not left twisted.

TEAMS

Summer Aegon Junior Sussex League 2019

We entered 2 teams this Summer.

The 16 & under team had a tough league, winning 1 match & losing 3; however it is always beneficial to gain match experience against different opposition & hopefully this spurs them on to improve and develop their game.

The 9 & under mixed team played a one day event on Sunday 23rd June at Weald TC.

They had a great day & finished Runners up to the David Lloyd, Eastbourne.

My thanks go to Louise Tyrwhitt-Walker for organising & captaining the 16 & under team & also thanks to the parents of the 9 & under team who kept them organised on the day!

Summer Aegon Junior Sussex League 2020

We have entered 5 teams this season, 16 & under Boys & Girls, 11 & under Girls, 10 & under mixed and 9 & under Mixed in the Summer Sussex Team Tennis Junior Leagues.

IF YOU WANT TO PLAY IN ANY OF THE ABOVE TEAMS LET JENNY KNOW ASAP



There are also numerous Junior Tournaments across Sussex, again ask Jenny for details.

BRITISH TENNIS MEMBERSHIP

ALL JUNIORS playing in teams, tournaments etc. MUST be LTA rated & have a British Tennis Membership Number & they MUST link their membership to Hampden Park TC & Opt in if they want to go in the draw for Wimbledon tickets!

Log on to www.lta.org.uk & register for FREE British Tennis Membership ASAP or do it when you renew online as it is now included on the renewal membership form !

CLUB KNOCKOUT TOURNAMENTS

Junior & Adult

We will be running **junior singles & doubles tournaments** throughout the season to find the best junior at all the different age groups. The finals will be staged on the same day as the adult finals, that is, **Sunday 6th September 2020, 10am onwards**. Any junior who is eligible to play in the adult club sessions can also play in the adult club tournament, ask Jenny for an entry form at the start of the season.

DATES FOR YOUR DIARY

Saturday 23 rd May	Len Travis Adult & Junior Doubles Tournament	3-6pm
Saturday 20 th June	Annual Parent and Child Doubles Tournament	4-6pm
Sunday 6 th Sept	Club Championship Finals Day	10am onwards
Sunday 4 th Oct	Kelvin Inman Adult & Junior Doubles Tournament	2-5pm



CHILDREN'S TENNIS BIRTHDAY PARTIES

Have you ever thought of treating your child to a tennis birthday party at the tennis club? Everything would be provided except the party food!

Great fun activities with Jenny, the coach, on hand to help all standards, even if they have never picked up a racket before!



Prices, numbers & times etc. would be discussed on an individual basis depending on how long, how many children & how many courts required etc. Non-members would be welcome to come along as well!



WIMBLEDON TICKETS

If you are 11 years or older & a junior club member with a British Tennis Membership linked to Hampden Park Tennis Club you are entitled to go in the club draw for Wimbledon 2020 tickets; this is only if you Opted In before end of Feb 2020. Watch out for the signing up sheets on the adult notice board in April. Although it is a draw you still have to pay for your tickets!!!!!!

CLUB JUNIOR REP

What would you like to see happening for the juniors in the club? Have you got any ideas that could help or ideas to put on the club website or Facebook page? If so, would you like to be the next Club Junior Rep, if yes speak to Jenny & if not tell her your ideas & she will pass them onto the committee.

BEST JUNIOR OF THE YEAR

2019	Best Boy	Joseph Neilan
2019	Best Girl	Caitlin Neilan
2019	Fastest Serve	Zac Francis 72 mph
2019	Longest Rally	Bradley Barnes & Joseph Neilan 153 shots
2019	High Rally over Boxes	Tom Tyrwhitt-Walker & Tom Perry 27 shots
2019	Longest Box Rally	Tom Tyrwhitt-Walker & Joseph Neilan 507 shots
2019	1 minute rally	Ben Usher & Aidan Brown 38 shots



JUNIOR CLUB CHAMPIONS 2019

18 & under Boys Singles

Ben Usher

14 & under Boys Singles

Dale Upton

12 & under Mixed Singles

Raphael Badawi

Girls Singles

Caitlin Neilan

18 & under Doubles

Zac Francis & Ben Taylor

10 & under Doubles

Josie Usher & Issie West



SPECIAL OFFER

Why not tell your friends all about the club?

Juniors can come along for a **free** group lesson if they call & arrange a time with Jenny.

If they like it they can join the club for a **3 month trial membership** for only **£15!**

Adults can also join for a **3 month trial membership** for just **£39** which includes

2 free Adult group lessons on **Thursdays 7-8pm & 2 free Cardio Lessons on Mondays 6.45-7.45pm**

Any queries or more info needed please call

CLUB COACH
JENNY HUGHES

TEL: 01323 655567 / 07831097864

Hampden Park TC is an LTA registered venue & as such is committed to equality & diversity within tennis. We are also committed to ensuring that everyone playing at Hampden Park enjoys a positive, enjoyable & safe experience.

Our Equality & Diversity policy, Safeguarding policy & reporting procedure can be found both on the notice board in the clubhouse & on our website.

As part of our safeguarding policy we ask that all juniors under the age of 13 should be escorted to & from the club for their tennis activities & not left to walk home alone.

Special FREE offer!! FREE Adult 4 week coaching course!!

At

Hampden Park Tennis Club

Book 4 x FREE CARDIO TENNIS SESSIONS - Mondays 6.45 – 7.45pm

OR

Book 4 x FREE ADULT GROUP COACHING -Thursdays 7-8pm

To book your FREE course phone our Coach Jenny Hughes on
07831 097 864

Places ARE LIMITED so you MUST CALL before the session as
the group size is a maximum of 12.

